



strengthening families G E O R G I A

Professionals

As a professional, you serve a unique role in helping families thrive. The Protective Factors and resources can help you support families.

Concrete Support in Times of Need

Parents know where to turn for help.

[1-800-CHILDREN](https://www.1800CHILDREN.org) is Georgia's statewide resource helpline for parents, caregivers, or agencies working with families. When parents can ask for help, they teach their children to ask for help.

Parental Resilience

Parents can bounce back.

When parents can bounce back, they are less likely to be affected by trauma they experience. This means their children will experience less ACEs too. [The Child Welfare Information Gateway](https://www.childwelfare.gov/information-gateway/) provides numerous resources to cultivate parental resilience!



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Social Connections

Parents having friends, family, and community that are supportive.

Relationships with [neighbors](#) create the social structure in communities that fosters a sense of belonging and caring. This can lead to positive feelings and [connections](#) that help develop stronger, supportive neighborhoods.



Protective Factors



Knowledge of Child Development

Parents know how children grow & learn.

Toxic stress or trauma can cause developmental or learning issues, which can serve as a warning sign that a child may need resources.

[Better Brains for Babies](https://www.betterbrainsforbabies.org/) & [CDC.gov/ActEarly](https://www.cdc.gov/actearly/)

Help parents learn about developmental stages.



Social & Emotional Competence of Children

Children learn to talk about & handle feelings.

The single most common factor for children who develop resilience is at least one stable and committed relationship with a supportive parent, caregiver, or other adult.

Parents can learn how to talk with their children and set realistic expectations with these [Developmental Resources](#), including [Zero to Three](#) and others.

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What does Strengthening Families Georgia (SFG) look like in Georgia?

Research shows that the Strengthening Families Protective Factor framework promotes optimal child development, builds strong families and reduces the likelihood of child abuse and neglect. The five Protective Factors offer a framework for guiding how service providers interact with families to achieve better outcomes for families. Since 2006, SFG has worked to engage over 50 organizational partners across the state in embedding the Protective Factor framework. These include professionals in early care and education, public health, home visiting, child welfare, non-profit family support organizations, college curriculum development, pediatric screenings, youth services and many others.

Prevent Child Abuse (PCA) Georgia is excited to be the new home of Strengthening Families Georgia. PCA Georgia has been involved with SFG leadership since 2012 and looks forward to expanding SFG's reach.

How can I learn more about the Protective Factor Framework and SFG?

There are many ways and levels in which individuals, organizations, and communities can learn about the Protective Factor framework. One way is to participate in a Strengthening Families Protective Factor trainings. There are six different modules, listed below, to pick from and include [in-person/virtual](#) or [self-paced online](#) training options.

1. Overview- An Effective Approach to Supporting Families and Communities
2. Parental Resilience
3. Social Connections
4. Knowledge of Child Development
5. Concrete Support in Times of Need
6. Social and Emotional Competence in Children

But that's not all... many agencies and systems are embedding the Protective Factors in their own training, program elements and materials. Learn more about the many ways you can [Embed](#) Protective Factors in your work and communities by visiting the SFG website.



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SFG Newsletter [Signup](#)



 **Prevent Child Abuse**
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